

Remember.....

HELP IS AVAILABLE!

But if you choose to stay.....

- Plan how to leave if you should need to go.
- Think through an escape route:
*Which door or window would you go through?
Where would you go? What would you take?*
- Have an extra set of keys made and hide them.
- Collect important papers and hide them:
Birth certificates, marriage license, Social Security numbers, insurance papers, bank account numbers, children's immunization records, emergency telephone numbers, and a small amount of any prescription medicines you take on a regular basis.
- Develop a signal to use with a neighbor or friend in case you should need help.
- Consider
Opening a bank account in your own name. Obtaining a safe deposit box at your bank to keep copies of important documents and other small things you might not want to leave behind, such as jewelry.

Above all, REMEMBER.....

You are not alone!

HELP IS AVAILABLE!

This information provided by:

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The
**Volusia County Medical
Society**

**LEADS THE FIGHT
AGAINST.....**

**Domestic
Domestic
Violence
Violence**

Help is available...



